



# Academy Magic Newsletter



*April* brings forth longer days, many rain showers, especially in our home base of California, and a quickly approaching end of the school year! We have just EIGHT weeks of school left, and we're not slowing down! I hope everyone is returning refreshed from Spring Break and ready to rock the last eight weeks of school!

It's already time to start planning our upcoming **End of Year Celebration** and **Graduation** and putting the final touches on our **Academy Yearbook**. This precious keepsake memorializes our year at Lindamood-Bell Academy. These last eight weeks are a bustling time as we start to see the finish line to another successful school year!

*Keep up the great work, and let's finish this year Academy Strong!*



Emily Hoffman  
Director of Lindamood-Bell Academy

## Upcoming Events

### APRIL

- 3-7 Spirit Week
- 5 Minimum Day  
*US: Late Start | UK: Early Release*
- 5 Wacky Wednesday  
*Tie-Dye Day*
- 7 Good Friday (No School)  
*UK Only*
- 10 Easter Monday (No School)  
*UK Only*
- 12 Wacky Wednesday  
*Go Green Day*
- 17-28 Academy Retest Weeks
- 19 Wacky Wednesday  
*Pirate Day*
- 21 Pajama Book Day
- 26 Wacky Wednesday  
*Jersey Day*
- 28 Academy Lightning Rally





## STUDENT/CAST SPOTLIGHT

Our Academy students have been exploring many learning opportunities, including our school-wide Science Fair and Multicultural Day. They have also honed their art skills and learned about influential people throughout history. Even our Wacky Wednesdays can be educational! Read on to learn about what's been happening in some of our locations!



**Team San Diego** had a BLAST exploring and celebrating diversity in our school and world! A big shout out to our families and Star Cast for bringing in different items and treats for us to enjoy. Some cultures we discussed include Lebanese, German, Indian, Philippine, and more! **LBA 2nd grader, Greydon** and his family brought in food and flags while our Star Cast led an interactive and engaging activity identifying which countries their families emigrated from. They used gems on the map to help picture the countries of origin and the many paths that traveled to reach sunny California.

Lastly, we tried new foods and discussed the traditions surrounding how and where the foods derived from. Our Office Manager, **Chana**, gave an excellent presentation on Challah, a delicious Jewish bread.





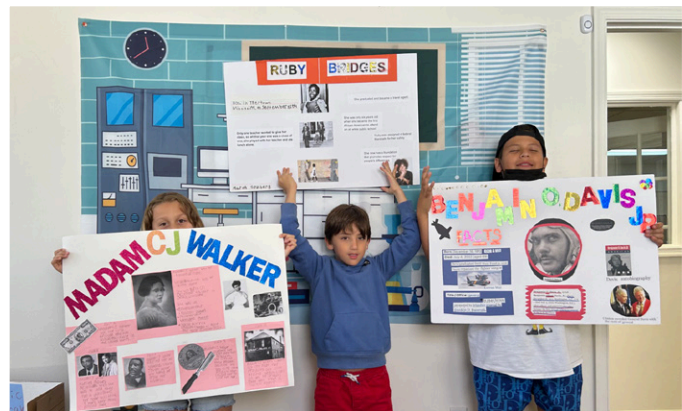
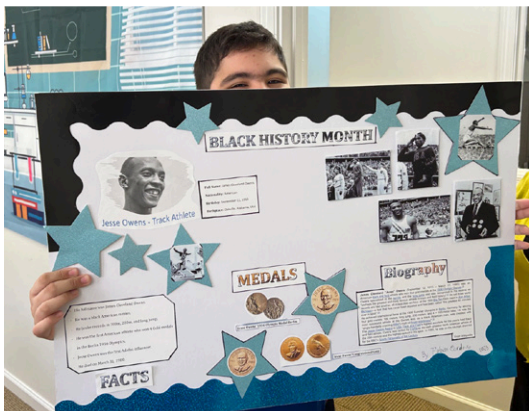


## STUDENT/CAST SPOTLIGHT



A huge shout out to one of our Newton LBA students, **Destiny**, who worked SO hard on her Science Fair project! Destiny wanted to determine the oiliest make-up/skin care product. She put globs of the product on individual coffee filters to measure the oil separation after 24 hours. She made us all want to change our entire skincare routine! Great work, Destiny!!!

**Wacky Wednesdays** are our FAVORITE at the San Diego Center!! Our Center Director **Ryann** and LBA high schooler **Jaslene** celebrated in style! Around the World day is in FULL EFFECT! Ryann said, "I had to bust out my Disney tourist garb for Around the World day for a different approach. There \*are\* Disneylands all over the world, you know!" Jaslene's enthusiasm for Wacky Wednesday is unmatched, and every Wednesday I'm inspired to go all out because I know Jaslene is looking forward to it.



During February, the Weston students worked on **Black History Month** projects; each student researched and learned about a different famous African American. Seeing them enjoying discovering and sharing all they have learned with us is exciting!



# Upcoming Lightning Rally on April 28!



We're getting close to our final Lightning Rally for the school year and want to finish strong! Here are some of the things students are doing in the Learning Centers to show their care for each other and their school community:

## **Show you care for others by consistently:**

- ★ Raising your hand to answer a question
- ★ Listening to each other
- ★ Picking up something someone else dropped
- ★ Offering positive praise to others.
- ★ Offering to help teachers get supplies
- ★ Offering to help students
- ★ Welcoming new students
- ★ Asking someone to play a game or do an activity with you
- ★ Cheering someone up when they're sad
- ★ Giving high-fives to each other
- ★ Saying "Please" and "Thank you."



## **Show you care for your community by consistently:**

- ★ Treating your school supplies with care
- ★ Using your computer for schoolwork only
- ★ Taking care of your computer
  - No food/drinks nearby
  - Be gentle with it
- ★ Keeping your desk clean
- ★ Helping clean up after an activity
- ★ Cleaning up your snacks or lunch trash



**Showing Care in these and many other ways continues to foster a school environment that is fun, safe, and supportive!**





**Complimentary online Academy Retests for Academy students** will be held during April and May. Contact your local Learning Center for more information.

**Enrollment for the 2023-2024 school year is here!** Please reach out to your local Learning Center to receive special Early Enrollment or Alumni Rates. The deadline to receive your special rate is May 26th, 2023.

## The 4 R's of Transitioning Back to School after Spring Break:

Spring break can be a time when families are constantly on the go, and we often don't have much downtime to relax or even sleep. It can be exhausting and overwhelming when it's time to get students back to school. Here are four tips to help smooth this transition:

### 1 Reset the sleep schedule.

Returning to a regular sleep routine can be a huge help in transitioning back to school. Eight to ten hours a night makes a huge difference for our students.



### 2 Resume the routine.

Not only do we need a sleep plan, but we also need to get back into the daily routine. Setting times to wake up and go to bed, eat, do homework, and do activities takes the guesswork out of the day for students, allowing them to focus more easily on the tasks at hand.



### 3 Recreation.

Make sure children of all ages have time to play, decompress, and just be kids, not just students.



### 4 Relax.

Don't forget to make time just to chill. As parents, we need this, and so do our students. Let's remember to give those hard-working brains a rest.

